TRICARE
Your Military Health Plan

REINTIGRATION
Medical Benefits

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Briefing Topics

- TRICARE Regions
- DEERS
- Traveling: Emergent & Routine care
- Behavioral Health Care Services
- POS option
- Retirement
- Pharmacy

TRICARE Regions

North Region
Health Net Federal Services, Inc. 1-877-TRICARE **www.healthnetfederalservices.com**
South Region
Humana Military Healthcare Services, Inc. 1-800-444-5445 **www.humana-military.com**
West Region
TriWest Healthcare Alliance 1-888-TRIWEST **www.triwest.com**

TRICARE Overseas
1-888-777-8343
www.tricare.mil/overseas

DEERS

- Defense Enrollment Eligibility Reporting System
- Active and retired service members (sponsors) are automatically registered in DEERS
- Sponsors must register family members in the DEERS database
- Uniformed Services Identification Cards

CHANGE IN STATUS

- Reenlistment, separation from active duty, or retirement
- Change of address (yours and/or your family members
- Marriage or divorce
- Birth or adoption of a child
- Full-time student age 21 and older
- Death of spouse or child
- *REMEMBER THAT ENROLLING OR UPDATING YOUR DEERS INFORMATION DOES NOT AUTOMATICALLY ENROLL YOUR FAMILY IN TRICARE.*

While Traveling – Active Duty Block, PCS, or Terminal Leave

- **Preauthorization Approval for Medical Care**
  - **1-888-833-2607 ext. 8685** (CRDAMC Referral Management)
  - **Emergency care:**
    - ID card validates your eligibility for emergency care
    - If admitted to civilian facility or you require **emergent care** (life, limb or loss of eyesight), call CRDAMC phone number above
  - **Urgent Care:** Call CRDAMC phone number above for preauthorization

- **Routine Care**: Not covered
  - ***Make sure all current medical conditions are addressed before you leave Fort Hood !!!***
  - The government **WILL NOT PAY** for any routine care you receive while traveling on leave unless authorized by CRDAMC.

- You are **still enrolled to Fort Hood** until you:
  - (PCS) change your enrollment at your new duty station
  - (ETS) midnight of your last day of terminal leave
  - (Block Leave) no change

While Traveling – Family Members still enrolled in Prime

- **Preauthorization Approval for Medical Care**
  - **Phone numbers**
    - CRDAMC enrollees (800-305-6421, Option 2)
    - Network PCM: pre-auth (800-444-4554 Humana Military)
  - **Emergency Care** – go to closest Emergency Room
    - Conditions involving Life, Limb, or Loss of Eyesight
  - **Urgent Care:** Call CRDAMC phone number above for preauthorization

- **Routine Care**: Not covered
  - ***Make sure all current medical conditions are addressed before you leave Fort Hood !!!***
  - You will incur additional charges for any routine care you receive while traveling on leave unless authorized by CRDAMC.
    - Point of Service (POS) charges will apply

POS Cost-shares and Deductibles

- Annual outpatient deductibles are $300 for an individual and $600 for a family
- 50% cost-shares for outpatient and inpatient claims
- Excess charges up to 15% above the TRICARE allowable charge
- The 50% cost-share continues to be applied even after the catastrophic cap has been met

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Behavioral Health Care Services

- Psychiatrists (M.D., D.O.)
- Clinical Psychologists (Ph.D.)
- Certified psychiatric nurse specialists (PNS)
- Master's-level clinical social workers (LCSW)
- Certified marriage and family therapists (MFT)
- Licensed Professional Counselors (LPCs), Pastoral Counselors & Mental Health Counselors*
  - **with physician referral and supervision*

Behavioral Health Care Services

- Warriors on Block/PCS/Terminal Leave
  - Requires PCM referral
  - Must seek care at a military treatment facility (MTF)
    - Contact CRDAMC (800-305-6421, Option 2) if you are not near an MTF
    - May receive preauthorization for civilian care
  - May be referred to a civilian network provider if MTF availability is limited

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Behavioral Health Care Services

- Family member Prime benefits
  - Authorized up to eight (8) outpatient visits each fiscal year (1 Oct – 30 Sep)
    - No primary care manager (PCM) referral is needed
    - No prior authorization required
  - Must seek care from a TRICARE network provider
  - Prior authorization is required after the eighth (8th) visit

Behavioral Health Care Services

- Family Members – Accessing Care and Obtaining Prior Authorization
  - TRICARE Regional Contractor
    - www.humana-military.com or 1-800-444-5445
  - TRICARE Regional Offices
    - www.tricare.mil

    - To find out more information about your benefits
    - Find a behavioral health care provider in your area
    - Your behavioral health care provider is responsible for obtaining prior authorization for additional visits